

# First Aid Kit - Horses

- Information
    - Veterinarian's name and phone number
    - Cell phone handy
    - Directions to your location/address
    - Horse information/medical history (vaccines, dewormers)
  - Physical exam/parameters
    - Stethoscope
      - Heart rate normal-at rest: 30-45 beats per minute
      - Respiration rate normal-at rest: 8-16 breathes per minute
      - Intestinal sounds: should be present
    - Rectal thermometer
      - Temperature: 99.5 – 101.5° F
    - Other vitals
      - Mucus membranes (gums): pink and moist
      - Capillary refill time (push gums): less than 2 sec. turn back pink
  - Bandage material (properly applied!)
    - Gauze sponges, Brown gauze wrap
    - Telfa/non-stick pads
    - Roll cotton/diapers
    - Leg wraps
      - Self adhesive (vet wrap)
      - polo leg wraps
    - Water soluble antibiotic ointments (Furacin, SSD , or Triple antibiotic etc...)
    - Magna Paste (poultice for swelling-don't apply on open wound/abrasion)
    - Adhesive tape (zonas, Duct tape, Elasticon)
    - Bandage scissors
    - Exam gloves
    - Clippers and sterile wound lube
  - Scrub material
    - Betadine or Chlorhexadine Scrub and Solution
    - Scrub bucket/clean trash bag (as liner): for clean water initial scrub
    - Roll cotton (in bandage material) for scrubbing
    - Bottle sterile saline (rinse wound area): for final water to clean
      - 35 cc syringe (aid in flushing area clean)
  - Other equipment
    - Flashlight
    - Sharp knife/wire cutters/pliers
    - Hemostats
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